

POSTLUDE - ONE LAST PRINCIPLE

Postlude

Dr. William Doherty of St. Paul, M, taped a series of interviews with the “founding fathers” of the family therapy movement. These interviews were sponsored by The American Association for Marriage & Family Therapy. Dr. Doherty interviewed Dr. Bowen on October 6, 1990. At the close of the interview, Dr. Doherty asked Dr. Bowen, “Do you have any last words for us”?

Dr. Bowen responded:

OCTOBER 6, 1990

“YOU HAVE INHERITED A LIFETIME OF TRIBULATION. EVERYBODY HAS INHERITED IT. TAKE IT OVER, MAKE THE MOST OF IT. AND WHEN YOU HAVE DECIDED YOU KNOW THE RIGHT WAY, DO THE BEST YOU CAN WITH IT.”

MURRAY BOWEN

After Dr. Bowen’s words, Dr. Doherty asked if he could say “amen” to that. Dr. Bowen responded with a slight smile, “yep”.

Dr. Bowen died on Tuesday, October 9, 1990 at the age of 77.