

The Murray Bowen Archives Project  
**Printing Instructions for  
Commitment to Principles, edited by Clarence Boyd**

Using the complete, compiled pdf titled, “Commitment to Principles\_edited by Clarence Boyd” from The Murray Bowen Archives Project website, you can print a hard copy of this book for your own use. You can have it printed and bound at an office stationary store, such as Staples or Office Depot, or you can print and bind it at home, using your home printer.

**PRINTING**

This book is set up so section titles (*entries in the Table of Contents, such as “Dr. Bowen as Therapist”*) always appear on the right hand side of a double page spread. The page on the left is blank.

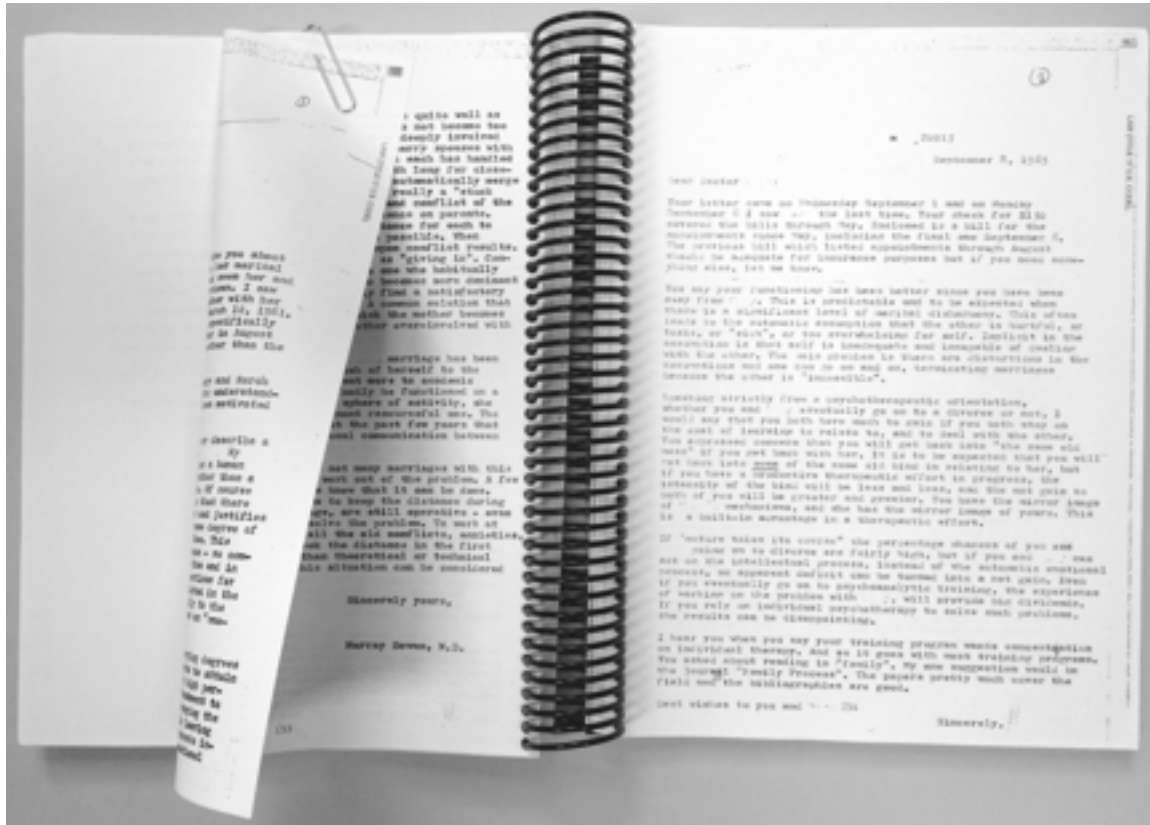


**First thing to remember: Always “print” the blank pages.**

Printing the blank pages will keep the layout consistent throughout the book so all section headings will appear on the right hand side of a double page spread.

The layout is set up so the front cover must also be printed double-sided. The front cover will be blue and the inside front cover will be blank. This helps ensure the set up of the book is consistent throughout.

**Second thing to remember: *Print all pages double sided, "head to head"*** (the term "head to head" means that the "top" of each side of a printed page is along the same edge. By contrast, if you printed "head to toe" for a book, you would see one side of the page oriented correctly, and the other side of the same page would be upside down.) If you have the book printed at an office stationary store, be sure to tell the printer that you want the pages printed double sided, head to head. This will ensure the layout is correct throughout the book – and save paper.



The page on the left shows "head to head" printing: the top of each side of that piece of paper is along the same (the top) edge.

**Note for using a home printer:** if your home printer does not print double sided, or head to head, you will need to print each page single sided. Consider buying paper with holes for a three-ring binder. Printing single sided creates a heavier book with more pages.

## **BINDING**

**Recommendation: *Include a black plastic back cover.***

This is not printed; it merely helps support the weight of the book. Office stationary stores can add a plastic cover when binding the book. This is a thick, heavy book and the plastic cover will help support the weight of the book.

**Recommendation: *Bind the book with a black 1 3/8 " round comb or coil binding.***

**Note for using a home printer:** You can either assemble the book in a 2 1/4" three-ring binder, or take it to an office stationary store to be bound using a comb or coil binding. If you have printed the book single sided, ask the print staff to recommend the correct diameter binding.